

HANDOUT: SCENARIO C

[MODULE 7: Practicing Disability-Inclusive Nutrition and Feeding Support]

Ibrahim is a 3-year-old boy with cerebral palsy and a history of poor growth. He has high tone and contractures in both legs, which makes it difficult to fully straighten his legs. He is the youngest of six children and lives with his family in a village. Access to food is not always consistent for the family. But even when food is available, his mother says that he eats very little. Feeding him takes a long time and a lot of effort, and mealtimes can be stressful for her. Although she feels tired after feeding him, she is not too worried about his growth or development. She believes his small size and feeding difficulties are just part of his condition.

During the visit, you weighed Ibrahim, asked the mother about his dietary intake, and observed his mother feeding him liquid from a cup. **Plot his weight on a growth chart and complete sections C and D.**

A. BASIC INFORMATION					
Counsellor's ID	113	Location		Date of assessment	05/06/25
Caregiver's name	Roula	Relationship to child	Mother/Father/Grandmother/Sibling/Other: _____		
Child's name	Ibrahim	Sex	Male/Female	Child's ID No.	333
Child's D.O.B.	15/05/22	Child's age	3 years	Caregiver's age	37 years
				Is caregiver an adolescent?	☐ Yes ☒ No
Facility ID	13	Facility name		District	Akaar
Is the child living with disability that impacts feeding or access to care?	If yes, please describe: Yes, cerebral palsy		Is the mother or primary caregiver living with disability that impacts feeding or access to care?	If yes, please describe: No	
No. of previous children:	5				
MUAC (if measured)	112.5 mm	Weight (kg)	9.2	Length/height (cm)	Not measured

Anthropometric Assessment Reference Table

Indicator	Severe	Moderate / At Risk	Normal
MUAC 6 to 59 months			
Mid-Upper Arm Circumference (MUAC)	<115mm	≥ 115 to >125	≥ 125
All children birth to 59 months			
Weight-for-Length Z-score (WLZ)	< -3 Z-score	≥ -3 to < -2 Z-score	≥ -2 Z-score
Weight-for-Age Z-score (WAZ)	< -3 Z-score	≥ -3 to < -2 Z-score	≥ -2 Z-score
Bilateral pitting oedema	Present (regardless of other indicators)	—	Absent

B. FEEDING PRACTICES	
Who helps/assists the child with eating?	Mother feeds the child.
How many times did (name) eat solid, semi-solid or soft foods yesterday during the day or at night? Times <u>3</u>	

Yesterday, during the day and night what did you give your child to eat?	WHAT?	HOW MUCH? (cups/handfuls)	TEXTURE? (thick/thin/ chopped/whole)
Grains, roots, tubers, and plantains	<i>Rice</i> <i>Potato</i>	$\frac{1}{2}$ cup 1 small	<i>Whole</i> <i>Chopped</i>
Pulses, beans, legumes, lentils, and nuts	<i>Beans</i>	$\frac{1}{4}$ cup	
Dairy products (e.g., milk, infant formula, yoghurt, cheese)			
Flesh foods (e.g.; meat, fish, poultry, liver/organ meats)			
Eggs			
Vitamin A rich fruits and vegetables (e.g., spinach, carrots, sweet potatoes, mangoes)	<i>Carrots</i>	1	<i>Chopped</i>
Other fruits and vegetables	<i>Squash</i> <i>Banana</i>	1 $\frac{1}{2}$	<i>Chopped</i> <i>Whole</i>
Check: ≥ 5 food groups?		☐ Yes	☐ No
What do you use to feed your child liquids?		☐ Open cup ☐ Cup with spout ☐ Bottle	

C. POSITIONING FOR FEEDING		Is position as upright as possible for safe feeding?	☐ Yes	☐ No
<i>This was Ibrahim's position when drinking from a cup.</i>  Image by Werner, David (1987), Disabled Village Children [book].	Hips	☐ Ideal ☐ Needs improvement	Notes:	
	Trunk	☐ Ideal ☐ Needs improvement	Notes:	
	Shoulders	☐ Ideal ☐ Needs improvement	Notes:	
	Head	☐ Ideal ☐ Needs improvement	Notes:	
	Knees	☐ Ideal ☐ Needs improvement	Notes:	
	Feet	☐ Ideal ☐ Needs improvement	Notes:	

D. COUNSELLING ACTIONS/DECIDE ON CARE PLAN

Possible problems:		
Counselling actions taken:	☐ Positioning: _____ ☐ Stress management: _____ ☐ Information given on: _____ ☐ Supplies provided: _____ ☐ Referrals made: health/nutrition/MHPSS/other: _____ ☐ Other: _____	
Further counselling needed?	☐ Yes	☒ No
ACTION: IF NO → REFER FOR OTHER SERVICES		☐ Education ☐ Peer group support ☐ Other _____
Reason for further counselling		
Support to be provided		
BASIC SUPPORT AND COUNSELLING		ADVANCED SUPPORT AND COUNSELLING
Follow up date:		